



READY, SET, WORK!



YOUTH EMPLOYMENT PREPARATION PROGRAM



PROGRAM OVERVIEW:

The Ready Set Work program is designed to help young individuals acquire the necessary skills to become successful in their personal and professional lives. This course will explore various areas of growth such as career readiness, digital literacy, leadership and teamwork, social and emotional wellness, mental health and well-being, time management and productivity, healthy habits and lifestyle, and cultural competency and diversity.

The course will include interactive activities, discussions, and assignments to help youth develop practical skills and knowledge to succeed in the real world.

Courses will prepare youth for specific community or job-site skills.

FINANCIAL FUNDAMENTALS: youth explore ways to nurture a positive money mindset and move thoughts away from spending and towards saving. Youth gain an understanding of setting goals, needs versus wants, budgeting, saving/investing tax preparation, managing a paycheck and proper credit management.

MENTAL HEALTH AND WELL=BEING: youth develop practices that equip them with fundamental life skills that set them up for long term well-being. Students assess their well-being, set goals, and develop healthy habits. They also learn about and practice skills like time management, self-advocacy, setting and respecting boundaries, giving and receiving feedback, and resolving conflicts.

PROFESSIONAL COMMUNICATION: youth develop skills for professional person-to-person communication and develop strategies to properly communicate with supervisors, colleagues and clients

EMPLOYMENT PREPARATION: youth learn the essentials to obtaining a job. Youth will make an updated resume, practice interviewing, and navigate searching for jobs using job platforms such as LinkedIn, Indeed, and social media. youth will learn about professional communication, how to use popular email platforms to correspond with employers, and about the psychology behind job searching

TDD will provide mentorship and support for youth to complete a volunteer practicum and/or and access to work experience through Careers Next Generation to earn high school credits!